



# WILBARGER GENERAL HOSPITAL

Surgical and Ambulatory Services

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## Pre-Admission Testing and Consultation

We strongly encourage our patients to meet with our Pre-Admission Review nurse two to five days prior to their scheduled elective procedures. The appointment may be scheduled by calling our Review Nurse at 940-552-9351, Ext. 205. You will be assisted with paperwork and directed to X-ray and the Lab, if these have been ordered by your physician.

Patient teaching is an important part of your surgical experience. Your review nurse will instruct you in preoperative, inter-operative, and post operative care. You will also be assisted with discharge planning. We encourage a family member or significant other to accompany you when you have your Pre-Admissions consultation with the Review Nurse.

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## Surgical Site Verification

In the event your surgery involves a bilateral location (for example, right or left eye, right or left leg, etc), surgical site verification will occur. During the admission phase, your nurse or physician will ask questions and review your record to verify the correct location of your surgery. The site will be confirmed by marking the area with a skin pen or adhesive label. You can expect the site to be rechecked and confirmed by your nurse or physician at each stage of the surgery process - upon admission, upon transfer to the operating room, and again by the OR nurse and surgeon prior to starting your surgery.

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## One Day (Ambulatory) Surgery

As you enter the one day Surgery area, you are surprised to see such an open, airy atmosphere. Staff smile and welcome you with a positive, upbeat attitude. You are relieved, and some of your anxiety disappears. This was something you were dreading, but already you are beginning to feel hopeful. It looks like you will be in and out of surgery and on your way to recovery in hours.

At Wilbarger General Hospital, nearly 80% of all surgeries are now one day outpatient procedures. Utilizing exciting new advances as well as the best standard techniques, our experienced surgical teams provide general and specialized surgical procedures.

Our unit furnishes facilities and care for patients of all ages having outpatient surgery or procedures. Optimal care is provided through nursing interventions, assessment, pre-procedures teaching, post-procedure assessment and discharge teaching to promote healing and prevent complications. Our staff recognize that families and significant others are an integral part of the patient's care and well-being and encourage a family member to be present with their love one during this time.

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## Pain Management

The management of your pain following surgery is a big concern for us. It is very important for you to let us know when you are having pain so that we can help you in the most effective manner. Pain is very subjective. Let your nurse know when you are having pain and if the pain medication given to you has controlled your pain. We want to work together as a team to make your recovery period a successful one.

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## Discharge

After an assessment that all indicators are met, you will be discharged in the care of a family member or significant other. Please know that your well-being is important to us. Feel free to ask your doctor or nurse any questions you may have. We will do everything to assure the success of your procedure and see you on your way to recovery.

We encourage you to always ask any questions you have regarding your care.

Nursing practice is delineated by the *Texas Nurse Practice Act* and other regulatory agencies.

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## Operating Room

Our operating room provides twenty-four hour surgical and anesthesia care to all patients requiring elective or emergent surgical intervention. It is a highly specialized critical care area serving all ages of patients. Optimal care is provided to promote healing and prevent complications, with the nurse acting as the patient advocate in this setting.

When entering the operating room, you will be taken to the Surgical Suite where the nurse will be asking you questions regarding allergies, diet, name of procedure, and site verification. If a skin shave or skin scrub is needed, it will be completed at this time.

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## Personnel in the Operating Room

1. Your Surgeon - responsible for you overall care
2. Assistant Physician - assists your surgeon, if needed
3. Scrub Nurse - prepares the instruments needed for your surgery
4. Circulating Nurse - prepares the OR room and is responsible for your care

These people will be dressed in surgical attire.

Services provided in this area include, but are not limited to the following:

- ❖ Orthopedic Surgery (including total joint replacement)
- ❖ General Surgery
- ❖ Gynecology Surgery
- ❖ Urology
- ❖ Endoscopy (upper endoscopy of the esophagus and stomach, lower colonoscopy of the bowels, flexible sigmoid of the shortest part of the bowel, P.E.G. feeding tube placement, liver biopsies, bronchoscopies.)

*(Personnel in the Operating Room, continued)*

With the latest advances in technology available on-site, and the most recent clinical information and training, you can feel confident in the care you will receive.

Nursing practice is delineated by the *Texas Nurse Practice Act* and other regulatory agencies. **AORN** standards of practice and recommendations are reference for Operating Room Nursing Practice.

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### **Post Anesthesia Care Unit (Recovery Room)**

Our unit provides immediate post-surgical/anesthesia care to patients who have undergone a surgical intervention. Staff in this specialized unit are trained in advanced care techniques to meet the individual needs of their patients as they emerge from anesthesia. Optimal care is provided to promote healing and prevent complications.

Nursing practice is delineated by the Texas Nursing Practice Act and other regulatory agencies. **ASPAN** standards of practice and recommendations are reference for Post-Anesthesia Nursing Practice. **AORN** standards of practice and recommendations are reference for Surgical Nursing Practice.

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